

TOP STORIES IN  
THE NEWS

# The FAC EXPERIENCE

A monthly news brought to you by: *Fayetteville Alumnae Chapter*

Vol. 5 Issue 6

March 3, 2019

- ◆ President's Message
- ◆ Membership
- ◆ Chaplain's Corner
- ◆ March Hostesses
- ◆ Healthy Lifestyles
- ◆ Adopt-A-Site
- ◆ Delta Academy
- ◆ Delta Gems
- ◆ Arts & Letters

*As always,  
we are*

**"Inspiring  
To Reclaim,  
Retain, And  
Uplift  
Sorors!"**



## From Madam President

*HAPPY FIRST SUNDAY! HAPPY SISTERHOOD MONTH! !*

*HAPPY ST. PATRICK'S DAY!*

Welcome to Sisterhood Month! Let us take some time of personal reflection and renew our hearts and minds as we continue to nurture that strong bond that only exists among true sisters. While we are not biological sisters, we can still seek that same enduring relationship among ourselves. Both our Regional Membership Calendar and our FAC Membership Calendar can be used as guides to help us on this path to a stronger bond during this month of sisterhood. Remember, reclamation is also an integral part of sisterhood activities.

Thanks to our Fundraising Chair Miranda Monroe and her fabulous committee for our annual Crimson and Cream Affair: Excellence in Service Gala, presented Saturday, February 23, 2019! It was an awesome event. Our honorees (Judge Stephen Stokes, Manuel Olivares, and Wes and Sandy Cookman), sorors and their guests, all danced the night away to the music of the spectacular band Envision, from Winston-Salem, NC.

Those in attendance appeared to really have a great time. Food was plentiful, the decor and ambiance all contributed to the overall excellent outcome of this great event.

Pearls of Protocol launched at the February chapter meeting. Remember, if there is something about DST you want to know, but aren't completely sure where to look for your answer, submit it to the Protocol Committee on the card they will have for you at each meeting.

As a reminder from the Financial Secretary, dues are now being collected. Regular members must pay \$345, while Golden and Diamond Life members pay \$155. All money is due to Soror Waddell by Thursday, March 21, 2019. Of course, she will be collecting at the chapter meeting March 9, 2019.

Along with the various activities scheduled, we will culminate our March Sisterhood Month activities by worshipping together at St Joseph's Episcopal Church, 509 Ramsey Street, the last Sunday of March.

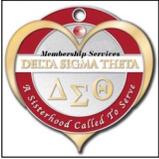
Stay tuned...

### Remember the Sick & Shut-In



Sorors, please let us continue to keep our sick, shut-in, and hospitalized sorors lifted in prayer, as we also remember and pray for our bereaved sorors, who have lost loved ones. Remember, a phone call, text, email, visit, etc. can go a long way in lifting someone's spirit.

### Membership Committee



The Sisterhood Swap will be after the chapter meeting on the 9th of March. All members who would like to exchange or get rid of any Delta items are welcome to participate. The Paint Party is scheduled to be held on Friday, March 15th at 6:00 p.m. The cost is \$30.00 per person and the address for the venue is 4120 Cumberland Road, Fayetteville, North Carolina 28306. We are still in the process of solidifying ample and adequate accommodations for our Sisterhood Month Finale and the Chapter's Annual Retreat. If there are any sorors who know of a place that can accommodate us, we welcome their suggestions. We have secured Blackmon's Catering to cater the meal for our Grand Finale. The cost for this event will be \$15.00 and will include two meats, three sides, a salad, rolls, a variety of desserts, lemonade and sweet tea. We ask that all money be paid to the chapter as soon as possible and no later than the end of the chapter meeting on 9 March 2019. We have about eight sorors who have expressed interest in the Delta Sigma Theta Sorority blazer. We are asking that all sorors who would like to purchase a blazer to please contact the committee chair with the size and color of the blazer that they would like. We will be submitting the order in mid-March. Thank you for all of your support and Happy Sisterhood Month!

Melissa Diane Robinson-Ellis

Be bold in your aspirations; because, anyone can be basic!



**Next Issue: April 7, 2019**

Remember: Please, send articles, pictures, or announcements to email address only: **Facwebupdates@gmail.com** **on or before April 3.**

**Sorors, please adhere to deadlines, or your article may not appear in the next issue.**

### Chaplain's Corner



*"Sorors, Psalms 91 tells us that God is our Protector! When we are at our weakest point, distressed, lonely, uncertain, and yes, even fearful, He is there. So, I encourage you today, to trust in the Lord and fear not, neither be dismayed.*

*Psalms 91:1 **He that dwelleth in the secret place of the Most High.** He who has his thoughts always on God is said to "dwell in him"—to "make his abode with him"—to "sit down in his secret place." He has the Almighty, as it were, for his constant companion. **Shall abide under the shadow of the Almighty.** What is meant is that "loving faith on man's part shall be met by faithful love on God's part". God will extend his "shadow" over the man who places himself under his protection.*

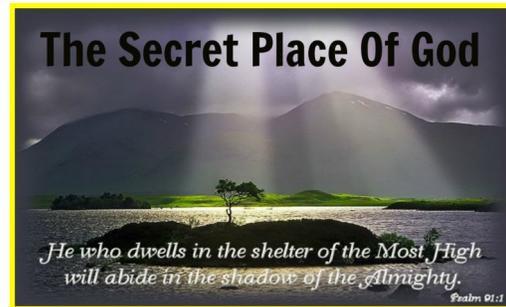
*God will never leave you or forsake you.*

*Here are additional scriptures for your encouragement! When you are:*

*Afraid...Isaiah 41:10; Angry...Ephesians 4:31-32; Need comfort...Matthew 11:28-30; Need courage...Psalm 28:6; Depressed...Jeremiah 29:11-12; Need hope...Psalm 33:20-22; Need protection...Psalm 121:7-8.*

*I thank God for His care and protection!*

With sisterly love,  
Soror Barbara McCray Nubin, Chaplain



### Hostesses for March



- \*Jerial Bogan
- \*Melody Boyd
- \*Nadine Miller-Bernard
- Marion Jones
- Dorothy Fielder
- Isabella Hicks
- Judith Waddell
- Perbena Walker
- Ernestine Wall
- Patti Jordan
- Willie Johnson
- Patrice Barber
- Penny Monroe
- Charline Evans
- Lakesha Godwin
- Rayshonia Manuel
- Effie Willis
- Shermaine Peeples



\* Lead Hostess



## Healthy Lifestyles

### ASIAN SALAD



- 1 large head of Napa cabbage (chopped fine)
- 5 diced green onions
- 2 packages of Ramen noodles (discard flavor packets)
- 1/3 cup Sesame seeds
- 1/2 cup butter
- Small package of sliced almonds

Mix cabbage and onions. Place in refrigerator to chill while preparing the rest of the salad.  
Chop or breakup the noodles then brown with Sesame seeds and almonds in butter until a tan color.  
Let cool then mix with cabbage and onions.

#### Dressing:

- 1 cup vegetable oil
- 2 teaspoon soy sauce
- 1 cup sugar
- 1/2 cup vinegar

Blend ingredients. Mix with salad 20 minutes before serving.

- △ You can add one of the flavor packets to the pan while browning noodles, seeds and almonds.
- △ Adding some type of protein to the salad. Try leftover chicken, beef or Tofu to make this salad a meal.



## Walk and Talk

Fitness and Fellowship  
**3rd** Saturday of Every Month

The next Walk and Talk will be at  
Cross Creek Mall (meet at the Food Court) from 8:30 a.m.—9:30 a.m.  
See you there!

### Adopt-A-Site



We will not be cleaning up around the train station until further notice. This is due to the construction of the new baseball stadium. Please stay tuned for updates.

Soror Nicole Spivey

### Happy Sisterhood Month



#SisterhoodDST

sis•ter•hood

[sis•ter•hood] noun 1. unity and friendship among women 2. a deep bond based on eternal love and respect 3. solidarity and support for a lifetime 4. the foundation of a sorority

## Happy Birthday March Sorors

### Delta Academy



Delta Academy is looking for young ladies, of middle school age, to join our group.

Please submit names and numbers to Soror **AwildaGraham@loveniece54@gmail.com** or 910-797-5215.



### Delta GEMS



Delta GEMS committee members participated in the 2019 HBCU College Fair held Saturday, February 9th at the Smith Recreation Center. Over 20 young ladies expressed interest and the information about the program was given. The next meeting will be on Saturday, March 23 from 11- 1 at the Bordeaux Library. The meeting date changed due to the Jabberwock Committee meet and greet session on Saturday, March 16th and several of the young ladies expressed interest in attending that meeting.

CHAIR-Yvette Carson



**Arts & Letters Committee**

On February 12 and 14, nine sorors and six community guests viewed National's suggested "must see" movie, Green Book at Cameo Art House Theater. The movie was excellent.

Sorors and community guests viewed the Red Carpet movie, IF BEALE STREET COULD TALK on January 19 and the Silver Movie Goers sorors attended on January 22 at AMC Market Fair Theater. Great movie! Great fellowship!

**SAVE THE DATES**

April 11— Red Velvet Book Club discussion of book, BECOMING by Michelle Obama led by Soror Rene Corders at Logan's Roadhouse, 1490 Skibo Road; At 6:15 p.m.

Dutch Treat\*\*\*\*Door Prizes  
Great Gathering!  
Open to Public\*Bring a friend

\*\*\*\*\*

May 17, 2019— FAC is partnering with FBAAC for the Delta Red Carpet night at Cape Fear Regional Theater for the play, Memphis. A musical that will remind you of Dreamgirls.

Reception - 6:30 p.m.  
Play starts - 7:30 p.m.  
Cost - \$22.13 (Details for purchasing tickets forthcoming)

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Continue reading....  
Sisterly Book Exchange for Sisterhood Month!  
Bring books to March chapter meeting and take a book!



Submitted by Soror Janice Robinson, Chair and Soror Franzetta Grandison, Co-Chair



## It is BUDGET time!!

It is time to prepare your committee budget projections for the 2018-2019 Sorority Year.

Please complete the Budget Request Form and email to the Finance Committee at [FAC.Finance1953@gmail.com](mailto:FAC.Finance1953@gmail.com) or bring it to the March chapter meeting.

If you would like to meet with the Finance Committee to present your request, please contact Soror Tracey. The committee will present the proposed budget as aligned in the P&P, at the March Executive Board Meeting and the April chapter meeting for review.

The budget will go before the chapter for vote at the May meeting





# FAC Program & Projects Donation Tree 2018-2019 Sorority Year





# 2019-2020 Dues are Due

**Deadline for all  
dues is  
*March 21, 2019***

**Regular Members                      \$345.00**  
(National dues \$190 + Local \$145 + Per Capita \$10)

**Golden Life                                      \$155.00**  
(National dues \$0 + Local \$145 + Per Capita \$10)

**Diamond Life                                      \$155.00**  
(National dues \$0 + Local \$145 + Per Capita \$10)





*A Royal Experience*

**Scholarship Contestant  
Interest Meeting**

**March 16, 2018**

**10:00 a.m.—12 p.m.**

**Transit Center Community  
Room**

**505 Franklin Street**

**Fayetteville, NC 28302**



# Red Carpet Event Green Brook



# IF BEALE STREET COULD TALK



ΔΣΘ



Fayetteville Alumnae Chapter  
2018